



SPRINGFIELD PRIMARY SCHOOL COVID-19 RESPONSE

TOP TIPS FOR HOME LEARNING

STRUCTURE YOUR DAY

At school we follow a structured timetable each day, so our children are used to knowing what is expected and when. To give you an idea, this is what a general day might look like:

- ❖ Phonics/spelling
- ❖ Maths
- ❖ *Break*
- ❖ English
- ❖ Reading
- ❖ *Lunchbreak*
- ❖ Handwriting / phonics / spelling
- ❖ Non-core subject
- ❖ Reading

MAKE TIME TO BE ACTIVE

- ❖ Use the PE plans we post on our website each week to inspire some indoor and outdoor activity.
- ❖ Join in with Joe Wicks.
- ❖ Use the YouTube 'Just Dance' videos.
- ❖ Go for a walk! Map out a mile long route and do your very own 'Daily Mile'.

TAKE YOUR LEARNING OUTSIDE

- ❖ Lots of the maths and science can be taken outside.
- ❖ Use pebbles, sticks, leaves and stones as maths resources to help with counting and calculating
- ❖ Use chalks on the pavement for phonics and spelling games
- ❖ Do a weather or nature study in your own back garden or a local outdoor space
- ❖ There are lots of ideas for outdoor learning online like those found here: <https://www.ltl.org.uk/free-resources/>

SET UP A DESIGNATED LEARNING SPACE

- ❖ Just like adults working from home, having a space dedicated to learning time will help children focus on the task at hand.
- ❖ Avoid doing home learning in the bedroom where possible, to ensure children can switch off and wind down at bedtime.
- ❖ Set up the space with all the resources you need: pens, pencils, rubbers, rulers etc so everything is to hand and children can independently find what they need.
- ❖ Try to keep the space calm, quiet and free from distractions wherever possible.

STRUGGLING TO GET YOUR CHILD TO FOCUS FOR EXTENDED PERIODS OF TIME?



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- ❖ Try using timers - set the timer for 5-10 mins during which time children learn independently. Keep increasing this time over the week.
- ❖ Plan brain breaks - let your child know what they need to do, for how long and the brain break 'treat' they can have when they have completed it. This could be watching an episode of their favourite programme, reading a chapter of their book, 10 minutes playing their favourite game, a run around the garden - whatever works for your child.
- ❖ Now and Next boards - draw a line down the middle of a landscape piece of paper and label one side 'Now' and the other side 'Next'. On the 'now' side write the task they need to complete (eg English task 1) and on the 'next' side write a treat like the examples of brain breaks above. Keep updating the board throughout the day.
- ❖ Make a visual timetable - Every time they complete one of the things on the timetable your child can take that picture down. They'll see their 'school day' decrease each time they complete a task.

Most importantly, remember that whatever you manage, however you manage to do it is evidence of you doing an amazing job! Our school office is open every day and there will always be someone on hand to support you if you need us.

#springfieldsmiles