



SPRINGFIELD PRIMARY SCHOOL NEWSLETTER

AUTUMN TERM 2025

Teamwork Resilience Independence Creativity Kindness



Week 18
18 Dec
2025

Attendance News

The highest attendance for the week beginning 8 December was Y5 Hippos with 100%.



As we finally come to the end of a very long term, we would like to wish all our families a very happy Christmas and a peaceful new year. We will see all the children again at 8.40 on Monday 5 January.

Junior Choir

The junior choir have been spreading Christmas joy again this week singing for the residents at The Lawns and Lyon's Court care homes and also out in the playground for parents. They represent our school so wonderfully and we are so very proud of them all. *Mrs Jones*



Food Tech

Year 6 children have been baking Spanish mantecados biscuits which are traditional, soft, crumbly Spanish shortbread cookies.



Photography

This week, year 5 have been exploring using photography to create art. We studied how the angle, lighting and focus of a photograph can change the tone and mood of what is captured. We then used editing tools to change the saturation, warmth levels and sharpness of the images. The children demonstrated some excellent artistic thinking.

Mr Corder



Pe Days

The new PE days in January are:

EYFS	Friday	Y1	Weds & Fri
Y2	Weds & Thurs	Y3	Mon & Tue
Y4	Mon & Weds	Y5	Weds & Thurs
Y6	Tues & Fri		

Parking (again)

Please remember that parents should not be parking in the private parking spaces and blocking private spaces in the roads around the school. This has become a significant issue for the residents who are quite rightly upset. As always, it is only a small number of parents who park irresponsibly but please consider residents when you park.

Chelmsford Activities

If you are looking for free things to do with the children this winter please have a look at the link: <https://www.activeessex.org/mid-essex-winter-events/>

Dinner Menu w/b Monday 5 January

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage roll Pork, gluten & may contain sulphites ~~~OR~~~ Veggie sausage roll Gluten	Chicken goujons Gluten & egg ~~~OR~~~ Vegetable nuggets	Roast chicken with stuffing Gluten ~~~OR~~~ Herby Quorn fillet Gluten	Spaghetti Bolognaise (beef) Gluten ~~~OR~~~ Vegetarian Bolognaise Gluten	Fish fingers Fish & gluten ~~~OR~~~ Veggie sausage Gluten
~~~WITH~~~ Mashed potatoes Beans	~~~WITH~~~ Rice Broccoli	~~~WITH~~~ Roast potatoes Seasonal veg	~~~WITH~~~ Mixed vegetables	~~~WITH~~~ Chips Sweetcorn
Fresh fruit platter	Vanilla Sponge <b>Gluten, egg &amp; may contain soya</b> Pink custard <b>Dairy</b>	Jam crumble slice <b>Gluten &amp; may contain soya</b>	Cookie <b>Gluten &amp; may contain soya</b>	Icecream tub <b>Dairy</b>

### PTA News

#### **Tuck Shop - Friday 19 December**

Our final tuck shop of the term will be held after school by the office. Don't miss the chance to treat yourself with some cakes or sweets before the Christmas break.

#### **Christmas Gift Sales**

A big thank you to all the children who purchased a gift at our Christmas gift sale over the past two days. With the PTA ordering and wrapping more than 700 gifts, the event was a great success.

#### **Thank you**

We are so grateful to all the families and teachers for your continued help and support throughout this year so far. Your generosity and teamwork makes such a difference.

From all of us on the PTA, we wish you and your loved ones a wonderful Christmas and a Happy New Year.

### **Diary Dates** Dates changed or added this week in red

<b>Autumn 25</b>		
Fri 19 Dec	Break up	3.10
<b>Spring 2026</b>		
Mon 5 Jan	School starts	8.40
Wed 4 Feb	Y4 Superstar Sports	
Tues 10 Feb	Parents invited to join their child/ren in class for activities	2pm
16-20 Feb	Half term holiday	
Mon 2 Mar	INSET - school closed to children Parents' evening meetings in person and on video call	
Fri 20 Mar	Red Nose day - non uniform and donate £1	
Fri 27 Mar	Break up	3.10
<b>Summer 2026</b>		

Mon 13 Apr	School starts	8.40
Mon 4 May	Bank Holiday	
Thurs 7 May	INSET Day - school closed to children for voting	
Fri 8 May	Wear house colours to raise money for CLAPA - details nearer the time	
Mon 11 May	Y6 SATs Week	
Thurs 21 May	Sports day	9.30 KS2 1.30 KS1
Mon 25 May	Half term holiday	
3 - 6 June	Y6 Residential visit	
Tues 30 June	Y4 school trip - details nearer the time	
Wed 1 July	Y2 Mini Games EYFS & Y5 school trip - details nearer the time	
Thurs 2 July	Y2 & Y3 school trip - details nearer the time	
Fri 3 July	Y1 & Y6 school trip - details nearer the time	
Fri 17 July	Break up	1.30

*All dates subject to change*

A copy of the 2025/6 holidays calendar can be found on the school website.

### **PE Days**

The PE days are:

- EYFS Friday
- Y1 Wednesday & Friday
- Y2 Wednesday & Thursday
- Y3 Monday & Tuesday
- Y4 Monday & Wednesday
- Y5 Wednesday & Thursday
- Y6 Tuesday & Friday

# Spotlight on

## SEND

### The Power of PACE at Christmas Time

There are a lot of feelings flying around at Christmas time for children and adults alike. Finding the right balance for YOU is something to work towards. PACE can help. PACE - Playfulness, Acceptance, Curiosity, Empathy



**Playfulness** isn't the same as playing but is enjoying time with someone else or yourself in an unconditional way.

This can look like a 5 minute sofa snuggle with someone, walking hand in hand, swapping cringe cracker joke or even taking yourself off for a cry on your own if that's where you're at and trying to leave behind any guilt about it.

It's about showing a real interest in someone, or yourself, and finding something you really enjoy about them - or you. Even if that's 2 minutes alone with yourself outside the front door!



**Acceptance** means sitting with strong emotions or perspective of another and knowing that you might not be able to take these away. There may be no words of advice to give, strategies to implement or thoughts to share, only comfort by offering your safe presence.

It is allowing uncomfortable sensations and emotions to be in your own body without judgement. Accepting their existence.

For an example of this and Empathy, watch the YouTube clip called 'Brené Brown on Empathy' or find inspiration from the song 'Hold Space' by Ward Thomas.



**Curiosity** isn't about asking "why?" even when this is exactly what we want to know! It's about wondering what is going on inside for someone or ourself.

It's about taking the risk of being wrong "*Can I share my ideas with you... I wonder if... I might be wrong, so tell me if I am, but here are my thoughts...*"

A way of letting someone know that your mind is on their mind and genuinely interested in anything at all that's going on in there without judgement.

It is practising this same non-judgemental curiosity within ourselves.



**Empathy** can take a lot of energy at Christmas. Sitting with the disappointment of a child who hasn't got the gift they hoped for "*I can see the sadness in your eyes that it's not what you wanted*" or accepting our own disappointment that the time hasn't felt very festive "*I am where I am and things are how they are and I'm going to do my best to feel okay with that*".

A top tip is try to move away from reassurance or denial of feelings - others or your own. Naming what is happening for ourselves or another helps us in our offering of empathy.

**To PACE oneself:** *"To do something at a speed that is steady and that allows one to continue without becoming too tired."*

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