



SPRINGFIELD PRIMARY SCHOOL NEWSLETTER

SPRING TERM 2026

Teamwork Resilience Independence Creativity Kindness



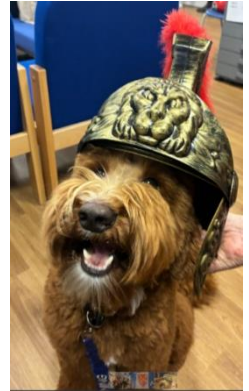
Week 2
15 Jan
2026

Attendance News

The highest attendance for the week beginning 5 January was Y6 Lions with 98.8%.

Roman Day

Last Friday, Year 3 introduced their new history topic with an Ancient Romans Day. They dressed as Roman soldiers and emperors and learnt about Romulus and Remus. They discovered what mosaic art is and created their own mosaic art designs. In the afternoon, Mr Lamb taught them to march in squads and they recreated army battle tactics such as the tortoise manouvre. Even Micky joined their legion! Check out our Twitter feed for even more photos.



Mr Lamb & Mrs Youngs

Spelling Bee

Before Christmas, our House Spelling Bee began. Following the first round, we had class champions for each house. Those eight children then competed in a year group to find the top speller.

Finally we can announce our six super spellers are:

Y1 Max

Y2 Olivia

Y3 Norah

Y4 Tattva

Y5 Nathaniel

Y6 Avyukt

Congratulations for a fabulous effort!



TTRS Competition Y1-Y6

A Times Table Rock Stars tournament will be taking place online over the coming week starting at 3:10pm on Friday 16 January and ending at 8:30am on Thursday 22 January. Playing on any of the five TTRS games will earn points for your child's class. Have fun and good luck. Mrs Youngs

Three Little Pigs

Year 1 have been investigating the properties of different materials. They used their findings to discuss *The Three Little Pigs* and explore why the wolf was able to blow down the first two houses but not the brick house. Using the houses they made, the children retold the story and explained their ideas confidently. Mrs Fisk



Sportshall Events

The year 2 children went to compete in athletics activities against other schools in the local area. They had to do lots of different relay races, shot put throwing, javelin throw and long jump. They all tried their hardest and did an amazing job! Mrs Jackson

Years 5 and 6 participated in the Chelmsford Sportshall



Athletics competition. They took part in a variety of track and field activities against other schools from the Chelmsford Area. Out of about 20 schools in total Springfield came in 7th place overall. All of the children showed amazing determination, resilience and sportsmanship at the event and did Springfield proud.

Mr Corder

PTA New

Y3-5 Disco

This will take place on Thursday 14 May and we'll be celebrating our wonderful Year 6s at their Leavers' Disco on Saturday 4th July.

School Lottery - Support Springfield Primary School & Win Every Week

For just £1 a week, you can join the Springfield Primary School Lottery and help raise vital funds for our children. Every ticket directly supports school projects, from new equipment to enrichment activities, while giving you the chance to win great prizes.

Every week you get -

- Entry into the £25,000 national jackpot
- A guaranteed weekly prize for one of our Springfield supporters
- Automatic entry into special Super Draws throughout the years

Join in today:

<https://www.yourschoollottery.co.uk/lottery/school/springfield-primary-school-chelmsford>

Dinner Menu w/b Monday 19 January

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket potato	Tomato pizza wheel Gluten & dairy & may contain soya, lupin & mustard	Roast chicken & Yorkshire pudding Dairy, gluten & egg	Fruity chicken curry	Fish cake Fish & gluten
~~~~WITH~~~~ Cheese <b>Dairy</b> beans or tuna mayonnaise <b>Egg &amp; fish</b>	~~~~WITH~~~~ Potato wedge Mixed veg	~~~~OR~~~~ Quorn Toad- in-the-Hole <b>Gluten, egg &amp; may contain soya</b>	~~~~OR~~~~ Roasted vegetable Enchilada <b>Gluten &amp; dairy</b>	~~~~OR~~~~ Vegetable burger <b>Gluten</b>
Winter salad		~~~~WITH~~~~ Roast potatoes Seasonal veg	~~~~WITH~~~~ Rice Sweetcorn	~~~~WITH~~~~ Chips Peas
Yoghurt pots <b>Dairy</b>	Fresh fruit platter	Lemon drizzle cake <b>Gluten, egg &amp; may contain soya</b>	Jelly & cream <b>Dairy</b>	Chocolate krispie cake <b>Gluten</b>

### **Diary Dates**    **Dates changed or added this week in red**

<b>Spring 2026</b>		
Wed 4 Feb	Y4 Superstar Sports	
Tues 10 Feb	Parents invited to join their child/ren in class for activities	2pm
16-20 Feb	Half term holiday	
Mon 2 Mar	INSET - school closed to children Parents' evening meetings in person and on video call	
Tues 10 Mar	KS1 Cross Country KS2 Cross Country	am pm
Wed 18 Mar	Y6 Quick sticks hockey	pm
Fri 20 Mar	Red Nose day - non uniform and donate £1	

Mon 23 Mar	KS1 Tag-rugby	am
Fri 27 Mar	Break up	3.10
<b>Summer 2026</b>		
Mon 13 Apr	School starts	8.40
Mon 4 May	Bank Holiday	
Thurs 7 May	INSET Day - school closed to children for voting	
Fri 8 May	Wear house colours to raise money for CLAPA - details nearer the time	
Mon 11 May	Y6 SATs Week	
Thurs 14 May	Y3-5 Disco	tbc
Thurs 21 May	Sports day	9.30 KS2 1.30 KS1
Mon 25 May	Half term holiday	
3 - 6 June	Y6 Residential visit	
Thurs 18 June	Class photos and Y6 Leavers' Photos	
Tues 30 June	Y4 school trip - details nearer the time	
Wed 1 July	Y2 Mini Games EYFS & Y5 school trip - details nearer the time	
Thurs 2 July	Y2 & Y3 school trip - details nearer the time	
Fri 3 July	Y1 & Y6 school trip - details nearer the time	
Sat 4 July	Y6 Leavers' Disco	tbc
Fri 17 July	Break up	1.30
<b>Autumn 2026</b>		
Thurs 11 Nov	Individual Photos	

*All dates subject to change*

A copy of the 2025/6 holidays calendar can be found on the school website.

### **PE Days**

The PE days in January are:



EYFS	Friday	Y1	Weds & Fri
Y2	Mon & Thurs	Y3	Mon & Tue
Y4	Mon & Weds	Y5	Weds & Thurs
Y6	Tues & Fri		

# Spotlight on SEND



allthingsautismtd@gmail.com  
01895 649211  
<https://allthingsinclusionandautism.com>

## Workshops for parents / carers (and practitioners) -Spring term 2026

<p><b>All things visual strategies</b> Supporting autistic children / those with communication difficulties with visual strategies - why use visuals, which visuals to use and how to use them? <b>Friday 13th February 2026</b> 10 - 11.30am Online - via Zoom £36 plus VAT per person</p>	<p><b>Pathological Demand Avoidance (PDA)</b> Understanding PDA and practical strategies to support <b>Wednesday 4th March 2026</b> 9.30 - 11.30am Online - via Zoom £44 plus VAT per person</p>
<p><b>All things communication and play:</b> Supporting autistic children with communication and play skills - laughing and learning together <b>Thursday 5th March 2026</b> 9.30am - 12 Online via Zoom £51 plus VAT per person</p>	<p><b>Autism and Girls</b> Exploring differences and diagnosis . Understanding how autism impacts on girls and strategies and ideas to support them <b>Monday 2nd March 2026</b> 10 - 11.30am Online via Zoom £36 plus VAT per person</p>
<p><b>All things behaviour</b> - supporting positive behaviours for autistic children <b>Thursday 29th January 2026</b> 9.30am - 12 Online via Zoom £51 plus VAT per person</p> 	<p><b>All things sensory processing</b> - a workshop exploring the sensory needs of autistic children and practical strategies to support their needs <b>Thursday 12th February 2026</b> 9.30am - 12 Online via Zoom £51 plus VAT per person</p> 

<p><b>All Things Toileting</b> Exploring the challenges around toilet training for autistic children and practical strategies to support them <b>Tuesday 3rd February 2026</b> 10 - 11.30am Online via Zoom £36 plus VAT per person</p>	<p><b>Gestalt Language Processing</b> How to support early language skills for young children including Gestalt learners <b>Wednesday 11th March 2026</b> 10 - 11.30am Online via Zoom £36 plus VAT per person</p>
<p><b>All Things Sleep</b> - Looking at the challenges around sleep and bedtime for autistic children, and practical strategies to support <b>Tuesday 24th March 2026</b> 10 - 11.30am Online via Zoom £36 plus VAT per person</p>	<p><b>ADHD</b> Understanding ADHD in young children and practical ideas to support them <b>Wednesday 21st January 2026</b> 10-11.30am Online via Zoom £36 plus VAT per person</p>
<p><b>Supporting children with Bereavement and Loss</b> Looking at the impact of bereavement and loss on young children and strategies to support them <b>Tuesday 10th March 2026</b> 10 - 11.30am Online via Zoom £36 plus VAT per person</p>	<p><b>Promoting positive mental health in young children</b> Examining causes of mental health difficulties, learning about anxiety and trauma <b>Thursday 19th March 2026</b> 9.30 am - 12 Online via Zoom £51 plus VAT per person</p>
<p><b>Selective Mutism</b> Understanding the causes of selective mutism (situational mutism) and practical strategies to support children in early years and primary <b>Monday 23rd February 2026</b> 9.30 - 11.30am Online via Zoom £44 per person plus VAT</p>	<p><b>Introduction to Signalong</b> Signalong is a sign supported communication system for children with additional needs, supporting the development of speaking and understanding. This course will introduce you to the Signalong and you will learn some everyday signs that you can use in your home or school/setting. <b>Friday 27th February 2026</b> 9:30-11:30am Online via Zoom £44 per person plus VAT</p>



Essex Child and Family  
Wellbeing Service



## Health Advice Drop In for 5-19 year olds

Drop-in sessions at your local Family Hub or community venues. An opportunity to get advice and support for your 5-19 year old with a member of our health team, where you can discuss things which may be concerning you.

### Areas of support

- Managing worries, low mood, stress or anger issues
- Bullying and friendship issues
- Diet / Nutritional support
- Improving sleep
- Day and night wetting
- Behavioural concerns
- Personal hygiene
- Sexual health
- Information and signposting regarding medical conditions

t: 0300 247 0014  
w: [essexfamilywellbeing.co.uk](http://essexfamilywellbeing.co.uk)

Every Tuesday (term time) 2.30pm-4.30pm  
Location: Writtle Infant school, Lodge Road, CM1 3HZ

Every Weds 9am-10.30am  
Location: Chelmsford West Family Hub, Dixon Ave, CM1 2AQ (For parents/ carers)

Every Friday 4-5pm (For 11-14yr olds only)  
Location: Chelmer Gate youth group, 193 Moulsham Street, CM2 0LG

Commissioned by



**Your community and Volunteering Opportunities-** Are you interested in being involved in a community group? Would you like to develop your own group and work in partnership with your local Family Hub? Would you like to volunteer and support families in the community? Please call contact your Community Connector Kirsty Roberts [kirsty.roberts@barnardos.org.uk](mailto:kirsty.roberts@barnardos.org.uk) for more information

**Early Support - 0-19 years-** We have staff available Monday - Friday who can provide advice and support for 0-19 years and their families in our local community. This can include behaviour support, child development, toileting, sleep, getting out and about, connecting with people in your community, transition to school or senior school, school readiness, healthy lifestyles and emotional wellbeing. We can also assist with 2-year funding applications for childcare.

**Developmental Reviews-** All children will be offered a 9-12 month and a 2 1/2 - 3-year development review. You will be contacted to book this appointment. If you have any concerns about your child's development, then please contact us.

**Healthy start vouchers-** If you're more than 10 weeks pregnant or have a child under 4, the Healthy Start scheme can help you buy healthy foods like milk or fruit and get free vitamins. You need to be claiming certain benefits to qualify. If you're pregnant and under 18 you can claim even if you do not receive any benefits. Apply online here: [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk) Pop into one of our family hubs or delivery sites to pick up your vitamins.

**Bookstart-** Bookstart aims to encourage a love of books, stories and rhymes in children from as young an age as possible - Within our sessions, we will be incorporating stories, songs and rhymes plus sharing tips and strategies for parents to continue to share books and songs with their children.

**HOME START Essex** help families from all backgrounds, with at least one child under the age of 5, through their most challenging times. To find out more please speak to one of our colleagues as we have family groups that run within our family hub and delivery sites or visit their website.



[www.essexfamilywellbeing.co.uk](http://www.essexfamilywellbeing.co.uk)

0300 2470014

Chelmsford Child and Family Wellbeing Service



Essex Child and Family  
Wellbeing Service



### Chelmsford District: 1st January - March 2026

Welcome to your local family hub, where you can access free, friendly and high-quality health services in your community, school, online or family home. We offer a variety of sessions to support your child's development and build strong parent-child relationships.

Family Hubs ensure that children, young people and families (0-19 years or up to 25 years if SEND) can access integrated early support. We provide a one-stop shop of family support services for your mental and physical health plus your educational and social care needs. Our partner agencies include midwives, GPs, CAMHS and local community groups.

The focus of our service is making sure that everyone in Essex has the best possible start in life through meeting the identified needs of children, young people and families.

**Chelmsford Central Family Hub**  
Lower Ground Floor, County Hall (by Chelmsford Library)  
Market Road  
CM1 1QH  
Monday to Friday 9 - 5pm

**Chelmsford West Delivery Site**  
Dixon Avenue  
Chelmsford  
CM1 2AQ  
Monday, Wednesday & Friday 9am - 5pm



**Chetwood Delivery Site**  
Shirebourne Vale  
South Woodham Ferrers  
CM3 5ZX  
Monday & Thursday 9.30am-4.30pm  
Wednesday 9.30am-12.30pm

Please note that buggies are not allowed into sites and must be left outside.

Commissioned by



## Chelmsford Central Family Hub, Lower Ground Floor, County Hall, Market Road, CM1 1QH

Monday	Tuesday	Wednesday	Thursday	Friday
Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm
<b>Development Reviews</b> 9-12 months & 30-36 months 9.30am-2.00pm weekdays An assessment of your child's growth and development. You will be contacted to book an appointment.				
<b>Baby &amp; Toddler Rhymetime</b> 10.15am – 10.45am and 11.15am-11.45am <b>Chelmsford Library</b> Stories and rhymes for under 5's – term time only. Please note that this is a group run by the library. Online booking required  <b>Emotional regulation and resilience group.</b> 6-week course for 5-11 years. Please call us to find out more or to book a place.  <b>Antenatal Infant Feeding Workshop (1hr)</b> This workshop is for expectant parents (28 weeks plus). It will provide you with advice and support around preparing for the arrival of your baby and infant feeding. You will receive a letter inviting you.  <b>t: 0300 2470014</b>	<b>Health advice drop in for 5-19-year-olds</b> <b>Writtle Infant school</b> <b>Lodge Road, Writtle, CM13HZ</b> <b>Every Tuesday (Term time)</b> <b>2.30pm-4.30pm</b> Drop-in and speak with a member of our team for issues around sleep, toileting, emotional wellbeing, healthy relationships and lifestyles. Open to all.   Scan to find out how to get active for free in your community.  <b>Healthy Start Vitamins</b> If you are pregnant or have a child aged under 4 years, then you may be eligible to receive free Healthy Start vitamins. Visit <a href="http://www.healthystart.nhs.uk">www.healthystart.nhs.uk</a> to check eligibility and apply. Vitamins available to collect from Chelmsford Central Family Hub.	<b>Baby &amp; Toddler Rhymetime</b> 10.15am – 10.45am <b>Chelmsford Library</b> Stories and rhymes for under 5's – term time only. Please note that this is a group run by the library. Online booking required  <b>Introducing Solids</b> 10.00am-12.00pm <b>4th Wednesday each month (Bookable 1 Week Workshop)</b> Support and advice on introducing solid food to your baby. Please call us to book and confirm venue.  <b>New Parents Rhymetime</b> 3.00pm-3.30pm <b>Chelmsford Library</b> Stories and rhymes for under 1's. Please note that this is a group run by the library.  <b>Typical Toddler- Drop-In Support Session</b> We can support and provide advice for your 1-4-year-old around sleep, fussy eating, behaviour, toileting and more. Please call or check our Facebook page for next available dates.	<b>Baby &amp; Toddler Rhymetime</b> 10.15am – 10.45am <b>Chelmsford Library</b> Stories and rhymes for under 5's – term time only. Please note that this is a group run by the library. Online booking required.  <b>Pop in during opening hours to access our free Community Wardrobe clothes available for 0-5-year-olds.</b>  <b>Baby Beginnings group and Infant Feeding Support</b> 11.45am – 1.00pm <b>(Term Time only)</b> <b>Chelmsford Library</b> A drop in, 10-week rolling programme for parents / carers and babies aged 0-12 months, covering play and development including crafts and singing. Plus, support and information on feeding your baby - breastfeeding, formula feeding or combi-feeding.  <b>Young people's health advice drop-in for 11-14yr olds.</b> 4pm-5pm Held alongside Chelmer Gate youth group 193 Moulsham Street Chelmsford CM2 0LG <b>Starting 16th January</b> Drop-in and speak with a member of our team for issues around sleep, toileting, emotional wellbeing, healthy relationships and lifestyles. Open to all.	 <b>Young people's health advice drop-in for 11-14yr olds.</b> 4pm-5pm Held alongside Chelmer Gate youth group 193 Moulsham Street Chelmsford CM2 0LG <b>Starting 16th January</b> Drop-in and speak with a member of our team for issues around sleep, toileting, emotional wellbeing, healthy relationships and lifestyles. Open to all.

## Chelmsford West Family Hub Delivery Site, Dixon Avenue, Chelmsford, CM1 2AQ

Monday	Tuesday	Wednesday	Thursday	Friday
Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm	Drop-in support & self weigh 9.30am – 4.30pm
<b>First Time Parents</b> 10.00am-11.30am Support for new parents. 4-week course. Please call to book.  <b>Antenatal infant feeding workshop (1hr)</b> This workshop is for expectant parents (28 weeks plus). It will provide you with advice and support around preparing for the arrival of your baby and infant feeding. You will receive a letter inviting you.  <b>t: 0300 2470014</b>  <b>Typical Toddler- Drop-In Support Session</b> We can support and provide advice for your 1-4-year-old around sleep, fussy eating, behaviour, toileting and more. Please call or check our Facebook page for next available dates.	<b>Introducing Solids</b> 10.00am-12.00pm <b>2nd Tuesday each month</b> Support and advice on introducing solid food to your baby. (Bookable 1 Week Workshop)  <b>Health advice drop-in for 5-19yr olds</b> <b>Writtle Infant school</b> <b>Lodge Road, Writtle, CM13HZ</b> <b>Every Tuesday (Term time)</b> <b>2.30pm-4.30pm</b> Drop-in and speak with a member of our team for issues around sleep, toileting, emotional wellbeing, healthy relationships and lifestyles. Open to all.   <b>Healthy Start Vitamins</b> If you are pregnant or have a child aged under 4 years, then you may be eligible to receive free Healthy Start vitamins. Visit <a href="http://www.healthystart.nhs.uk">www.healthystart.nhs.uk</a> to check eligibility and apply. Vitamins available to collect from Chelmsford West Family Hub.  <b>Pop in during our opening hours to access our free Community Wardrobe – clothes available for 0-5-year-olds.</b>	<b>Health Advice Drop-In Support for parents/ carers of 5-19-year-olds</b> 9am-10.30am Drop-in and speak with a member of our team for issues around sleep, toileting, emotional wellbeing, healthy relationships and lifestyles. Open to all.  <b>Let's Talk Together</b> 11.00am-12.30pm Support for 18-30-month-old children with their early language development. Call for further advice and to book.  <b>Baby Beginnings group and Infant Feeding Support</b> 1.00pm – 2.30pm A drop in, 10-week rolling programme for parents / carers and babies aged 0-12 months, covering play and development including crafts and singing. Plus, support and information on feeding your baby - breastfeeding, formula feeding or combi-feeding.  <b>Move with Us</b> Arrival between 3.15-3.30pm Ends 4.30pm Start date 14 th January A 9-week rolling programme for 5- 11 yr olds. The sessions aim is encouraging movement and physical activity and to find out about activities that encourage movement in your local community. <u>Younger siblings can attend but won't be able to participate</u>	<b>Baby Massage</b> 4-week course 10.30am-11.30am Support with colic, reflux and attachment. Please call to speak to our duty practitioner  <b>Emotional regulation and resilience group.</b> 6-week course for 5-11-year-olds to support emotional wellbeing. Please call us to find out more or to book a place.  <b>Pop in during our opening hours to access our free Community Pantry stocked with surplus food from local supermarkets.</b>   Scan to find out how to get active for free in your community.	<b>Stay, Play and Learn</b> 10.00am – 11.30am A drop in, 10-week rolling programme for parents / carers and children aged 1-5 years, covering play and development including crafts and singing.  <b>Anglia Ruskin Uni Breastfeeding support Hub</b> <b>SAL 010, on the ground floor of the Salmon Building</b> <b>Bishop Hall Lane, Chelmsford CM1 1SQ</b> 10am-12pm 1 st and 3 rd of the month Parking is available directly outside the building, in the Midway car park off Chelmer Valley Road – to enter, press the 'help' button on the barrier. This is a free drop in where you can access support around breastfeeding.  <b>Infant Massage</b> 4-week course 12.30pm-1.30pm Support with colic, reflux and attachment. Please call to speak to our duty practitioner.  <b>Young people's health advice drop-in for 11-14yr olds</b> 4pm-5pm Held alongside Chelmer Gate youth group 193 Moulsham Street Chelmsford CM2 0LG <b>Starting 16th January</b> Drop-in and speak with a member of our team for issues around sleep, toileting, emotional wellbeing, healthy relationships and lifestyles. Open to all.